

Westfield PE Whole School Overview



| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------------|--------------------------------|---|----------------------------------|---------------------------|-----------------------------|-----------------------------|
| EYFS/Year 1 | Gymnastics | Locomotion | Gymnastics | Gymnastics | Net and Wall Game Skills | Target Games |
| | Fundamental movement skills | Object Manipulation | Invasion Skills | Invasion Skills | Dance- Toys | Striking and fielding Games |
| Year 2 | Dance- Animals | Gymnastics | Dance – Great Fire of London | Invasion Skills | Target Games | Target Games |
| | Fundamental Movement Skills | Net and Wall Game Skills | Striking and Fielding Skills | Yoga | Athletics | Athletics |
| Year 3 | Handball | Yoga | Gymnastics | Health Related Fitness | Dance- Egyptians | Rounders |
| | Athletics | Invasion Skills | Gymnastics | Swimming | Swimming | OAA |
| Year 4 | Athletics | Gymnastics | Dance- Romans | Gymnastics | Tennis | Tag Rugby |
| | Invasion Skills | Swimming | Swimming | Cricket | Hockey | ΟΑΑ |
| Year 5 | Yoga | Team Building and Problem Solving | Gymnastics | Gymnastics | Rounders | ΟΑΑ |
| | Invasion Game Skills | Athletics | Dance- Dance Through The Ages | Football | Dodgeball | Handball |

| Year 6 | OAA | Hockey | Gymnastics | Tennis | Athletics | Cricket |
|--------|-----------------------|------------|------------|-----------|---------------------------|----------|
| | Dance- World War 2 | Gymnastics | Leadership | Tag Rugby | Health Related Fitness | Swimming |